

# COVID-19 Impact and Recovery Report: Domestic Summary

Updated: March 22, 2022

This document provides a summary of the situation across all provinces and territories.

### LEGEND:

Overall Assessment<sup>1</sup>

- I** COVID-19 Response
- II** Hyper Local
- III** Intra-provincial
- IV** Inter-provincial
- V** Tentative International
- VI** Regularized International

Timeline of overall assessment for each province and territory

|                         | 26-Oct | 02-Nov | 09-Nov | 16-Nov | 23-Nov | 30-Nov | 07-Dec | 04-Jan | 11-Jan | 18-Jan | 25-Jan | 01-Feb | 08-Feb | 15-Feb | 22-Feb | 01-Mar | 08-Mar | 15-Mar | 22-Mar |
|-------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| British Columbia        | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | V      | V      | V      |
| Alberta                 | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     |
| Saskatchewan            | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | V      | V      | V      |
| Manitoba                | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     |
| Ontario                 | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     |
| Quebec                  | IV     | IV     | IV     | IV     | IV     | V      | V      | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     |
| New Brunswick           | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | V      | V      | V      | V      |
| Nova Scotia             | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | V      | V      | V      | V      | V      | VI     |
| Prince Edward Island    | IV     | IV     | IV     | V      | V      | V      | V      | IV     | III    | III    | III    | III    | III    | III    | III    | V      | V      | V      | V      |
| Newfoundland & Labrador | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | II     | II     | II     | II     | II     | II     | II     | IV     | IV     | IV     | IV     |
| Yukon                   | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | V      | V      | V      |
| Northwest Territories   | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | V      | V      | V      | V      |
| Nunavut                 | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | IV     | V      | V      | V      | V      |

Indicates a forward phase progression      Indicates a backward phase regression

**Nunavut**  
No self-isolation requirements for residents returning from out-of-territory for domestic leisure travel.

**V Tentative International**

**Northwest Territories**  
No self-isolation requirements for residents returning from out-of-territory for domestic leisure travel but must file a self-isolation plan within 24 hours of arrival.

**V Tentative International**

**Yukon**  
No self-isolation requirements for residents returning from out-of-territory for domestic leisure travel.

**IV Inter-Provincial**

**British Columbia**  
No self-isolation requirements for residents returning from out-of-province for domestic leisure travel.

**V Tentative International**

**Alberta**  
No self-isolation requirements for residents returning from out-of-province for domestic leisure travel.

**IV Inter-Provincial**

**Saskatchewan**  
No self-isolation requirements for residents returning from out-of-province for domestic leisure travel.

**V Tentative International**

**Manitoba**  
No self-isolation requirements for residents returning from out-of-province for domestic leisure travel.

**IV Inter-Provincial**

**Ontario**  
No self-isolation requirements for residents returning from out-of-province for domestic leisure travel.

**IV Inter-Provincial**

**Quebec**  
No self-isolation requirements for residents returning from out-of-province for domestic leisure travel. Residents returning to Nunavik or James Bay from out-of-province may be required to self-isolate.

**IV Inter-Provincial**

**New Brunswick**  
No self-isolation requirements for residents returning from out-of-province for domestic leisure travel.

**V Tentative International**

**Newfoundland and Labrador**  
No self-isolation for fully vaccinated residents returning from out-of-province for domestic leisure travel.

**IV Inter-Provincial**

**Prince Edward Island**  
No self-isolation for fully vaccinated residents returning from out-of-province for domestic leisure travel, following testing procedures.

**V Tentative International**

**Nova Scotia**  
No self-isolation requirements for residents returning from out-of-province for domestic leisure travel.

**VI Regularized International**

<sup>1</sup> For additional information on methodology and a description of the recovery signals, please see [Methodological Notes](#).